

PATIENT COUNSELLING INFORMATION

Rx Clindamycin, Clotrimazole & Tinidazole Soft Gelatin Capsules for Vaginal Use

Clingen Forte™

Read the entire leaflet carefully before you start taking this medicine:

- If you have any further questions, ask your doctor.
- If you get any side effects, talk to your doctor. This includes any possible side effects not listed in this leaflet.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

1. What is Clingen Forte™ and what is it used for?

Clingen Forte™ is a combination of Clindamycin, Clotrimazole & Tinidazole. Clingen Forte™ is indicated in the treatment of mixed vaginitis and recurrent vaginitis.

Clindamycin belong to a group of medicines called antibiotics. Antibiotics are used to treat infections. Clotrimazole belongs to a group of medicines called imidazoles, which are used to treat fungal infections. Tinidazole is an anti-infective agent. It is used to treat a variety of bacterial infections.

2. What you need to know before you take Clingen Forte™?

Before taking Clingen Forte™ tell your doctor:

- if you are allergic (hypersensitive) to Clindamycin, Clotrimazole & Tinidazole or any of the other ingredients of this medicine;
- if you have central nervous system (CNS) disease, including epilepsy
- if you are in the first 13 weeks of pregnancy

Warnings and precautions

Talk to your doctor if:

- you are engaged in vaginal intercourse or using vaginal products (such as tampons or douches)
- you are using condoms, diaphragms and spermicides for vaginal use as the contraceptive efficacy of these may be reduced
- you are wearing tight-fitting, synthetic clothing (e.g., panty, hose) that does not allow air circulation
- you are pregnant or breast feeding

Pregnancy, breast-feeding and fertility

You should not take this medicine if you are in the first 13 weeks of pregnancy or are trying to become pregnant. Ask your doctor or pharmacist for advice about taking this medicine in the second and third trimester of pregnancy or in breast feeding.

Driving and using machines

Clingen Forte™ has no or negligible influence on the ability to drive and use machines. If you experience side effects, you should not drive or operate machines.

Other medicines and Clingen Forte™:

Tell your doctor if you are taking or have recently taken any other medicines including those obtained without a prescription.

- Muscle relaxants used for operations or hospital procedures
- Medicines used to reduce the body's immunity when receiving organ transplant such as tacrolimus (Immunosuppressants)
- Birth control methods, such as condoms, diaphragms, or vaginal spermicides
- Blood thinners such as warfarin to prevent blood clots
- Enzyme inducer (Phenobarbitone, rifampicin) and cimetidine which is used for treatment of acidity.

3. How to take Clingen Forte™?

Always use this medicine exactly as your doctor has told you.

One soft gelatin capsule to be inserted deep in the vagina for 7 consecutive nights, preferably

Directions for use:

1. Wash hands thoroughly before and after insertion of Clingen Forte™ in the vagina.
2. The vaginal capsule should be inserted as deep into the vagina as possible. This is best achieved when lying on the back with legs pulled in a little towards the body.
3. After insertion of Clingen Forte™, no activity should be done such as standing, walking, running etc. hence Clingen Forte™ should be inserted at bedtime.
4. For best results, complete 7 days therapy. Do not discontinue in the middle of the therapy.
5. Discontinue if severe irritation is experienced, only after consulting the doctor.

If anyone accidentally swallows the Clingen Forte™

Clingen Forte™ should only be used in the vagina. If you or anyone else has accidentally swallowed the vaginal tablet, you must contact your doctor or nearest emergency department immediately for advice. Remember to take this leaflet with you. If you have any further questions on the use of this medicinal product, ask your doctor.

If you forget to take Clingen Forte™

If a particular dose is missed, administer Clingen Forte™ immediately when recalled.

If you have any further questions on the use of this medicine, ask your doctor.

4. What are the possible side effects of Clingen Forte™?

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Tell your doctor immediately if you have any of the following side effects:

- Vulvovaginal disorder, vaginal pain and a fungal infection that causes irritation, discharge and intense itchiness of the vagina and the vulva.
- Menstrual disorder
- Pain when passing urine (dysuria)
- Kidney infection (pyelonephritis)
- Vaginal discharge
- Abdominal cramps
- Localized abdominal pain
- Fever
- Flank pain (discomfort in your upper abdomen or back and sides), generalized pain
- Headache
- Localized swelling
- Diarrhea, nausea, and vomiting
- Itchy skin (pruritus), rash, application-site pain
- Irritation, burning, redness, abdominal bloating, bleeding
- Cutaneous drug reaction that characteristically recurs in the same locations upon reexposure of drug (Fixed drug eruption)

5. How to store Clingen Forte™?

Store in a cool, dry and dark place. Protect from sunlight

Keep out of reach of children.

Do not use this medicine after the expiry date which is stated on the container. The expiry date refers to the last day of that month.

Date of revision: March 03, 2022

For further information please write to:



Marketed by:

ARISTO Pharmaceuticals Private Limited.

23-A, Shah Industrial Estate,

Off Veera Desai Road, Andheri (W), Mumbai - 400 053.

Regd. Office: 12, J.N. Heredia Marg,

Mumbai- 400 001.