

## **PATIENT COUNSELLING INFORMATION**

### **Diastase & Pepsin Liquid**

#### **Aristozyme<sup>®</sup> Liquid**

##### **Read the entire leaflet carefully before you start taking this medicine:**

- If you have any further questions, ask your doctor.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor. This includes any possible side effects not listed in this leaflet.

#### **1. What is Aristozyme<sup>®</sup> Liquid and what is it used for?**

Aristozyme<sup>®</sup> Liquid is a preparation, which contains digestive enzyme Diastase for effective digestion of carbohydrates & Pepsin for digestion of proteins. It is indicated in dyspepsia, epigastric distress and indigestion.

#### **2. What you need to know before you take Aristozyme<sup>®</sup> Liquid?**

Do not take Aristozyme<sup>®</sup> Liquid if you are allergic (hypersensitive) to Diastase, Pepsin or any other ingredients of this medicine and tell your doctor.

#### **Other medicines and Aristozyme<sup>®</sup> Liquid**

Tell your doctor if you are taking, or have recently taken, or might take any other medicines.

#### **Pregnancy, breast-feeding and fertility**

If you are pregnant, planning to become pregnant or are breast-feeding, speak to your doctor before taking this medicine.

#### **3. How to take Aristozyme<sup>®</sup> Liquid ?**

Always take Aristozyme<sup>®</sup> Liquid exactly as your doctor has told you. If you are not sure, check with your doctor. Take Aristozyme<sup>®</sup> Liquid every day for as long as your doctor prescribes it.

#### **If you take more Aristozyme<sup>®</sup> Liquid than you should**

It is important to keep to the dose as prescribed by your doctor. If you have taken more Aristozyme<sup>®</sup> Liquid than you should and if you are concerned about an overdose you should consult your doctor, if possible you should take the medicine pack with you.

### **If you forget to take the Aristozyme<sup>®</sup> Liquid**

Do not take a double dose to make up for a forgotten dose. If you forget to take a dose, take it as soon as you remember it and then take the next dose at the right time.

### **If you stop taking Aristozyme<sup>®</sup> Liquid**

If you stop taking Aristozyme<sup>®</sup> Liquid, your symptoms may return. If your doctor decides to stop this medication, your dose may be decreased gradually over a few days. If you have any further questions on the use of this medicine, ask your doctor.

### **4. What are the possible side effects of Aristozyme<sup>®</sup> Liquid?**

Like all medicines, this medicine can cause side effects, although not everybody gets them. Side-effects with Aristozyme<sup>®</sup> Liquid mostly occur at the start of treatment and usually disappear within a few days with continued treatment. Occasional side-effects include nausea, constipation, skin rash, and pruritus.

If you get any side effects, talk to your doctor. This includes any possible side effects not listed in this leaflet.

### **5. How to store Aristozyme<sup>®</sup> Liquid?**

Do not take this medicine after the expiry date shown on the pack. The expiry date refers to the last day of that month.

**Store in a cool & dark place.**

Keep out of reach of children.

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